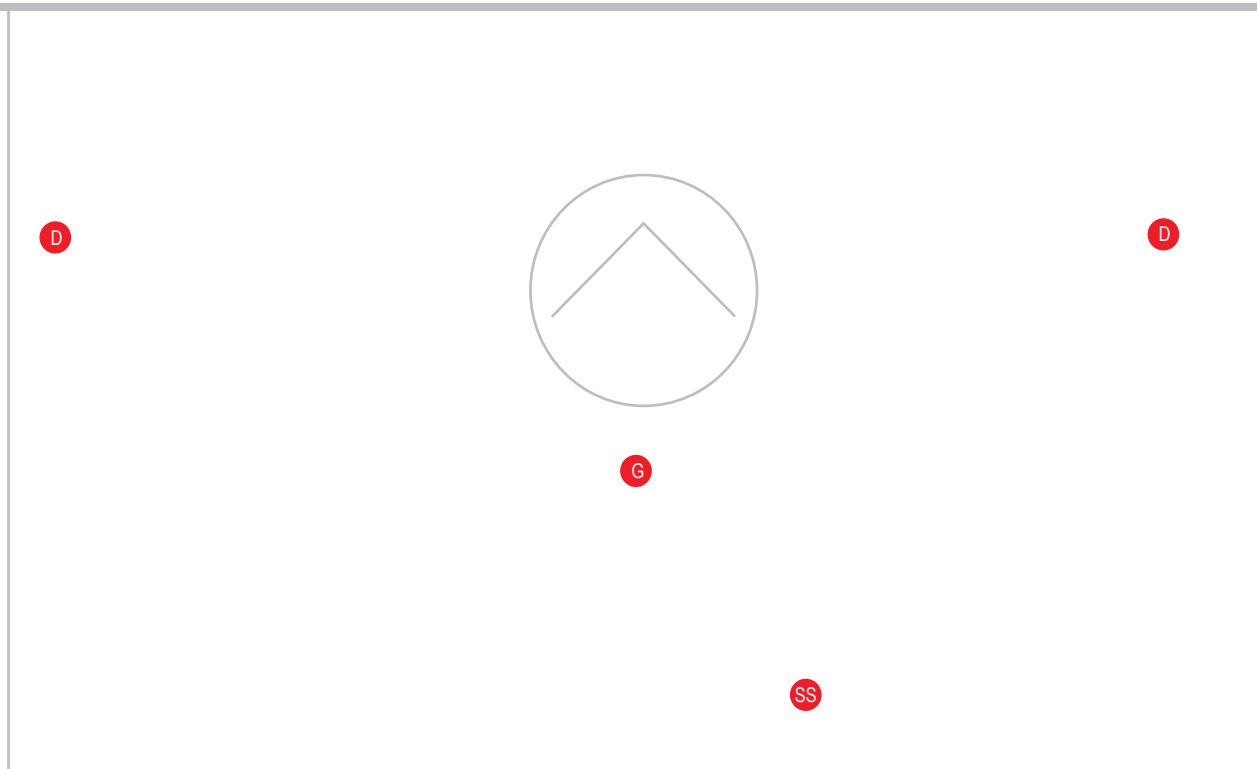




RIDE - "ICE"

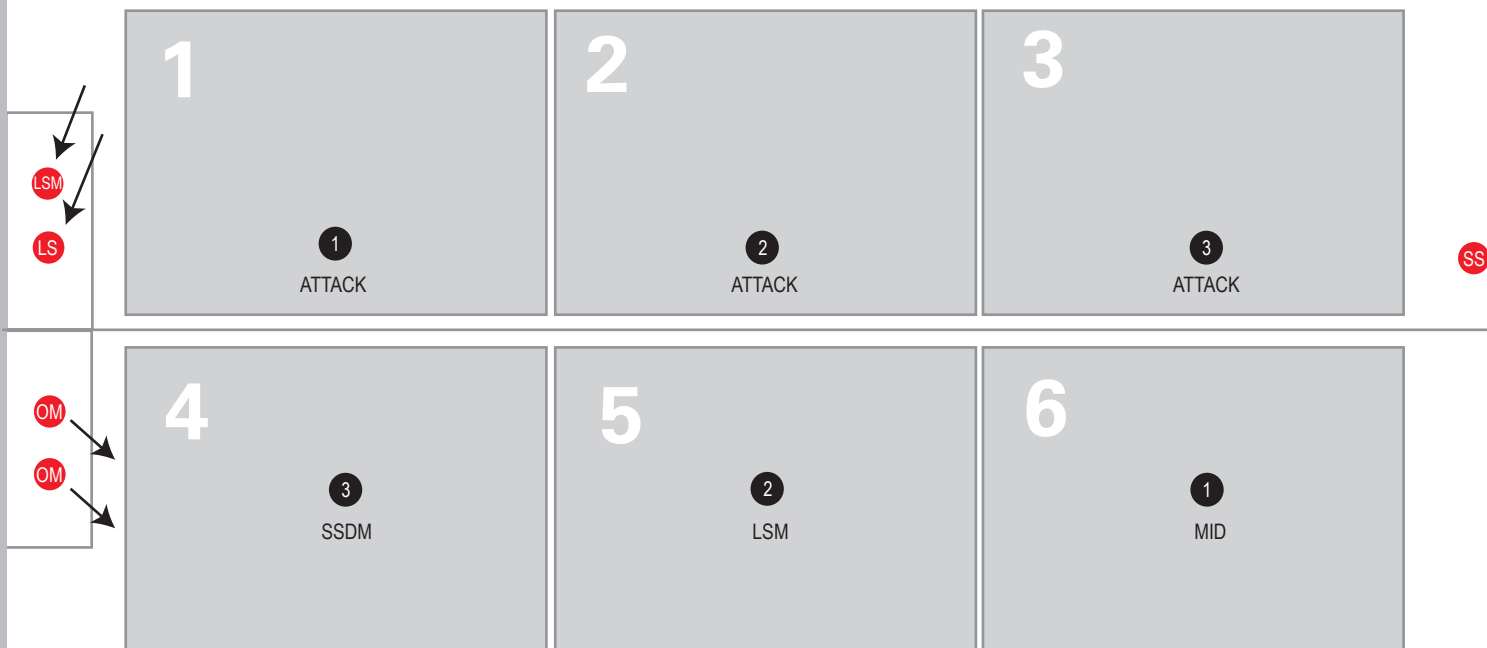


MIDFIELD AND ATTACK DROP IMMEDIATELY AND BUILD A 3-3 ZONE AT THE MID-LINE.
DO NOT LEAVE YOUR FEET OR TRY TO TAKE THE BALL, JUST TURN YOUR MAN BACK TO
THE MIDDLE OF THE FIELD, INTO THE MAN IN THE ADJACENT ZONE.

TRY TO PASS PLAYERS THAT CROSS THE MIDLINE TO THE DEFENDER IN THE DEFENSIVE ZONE.
ALWAYS "PINCH" TO THE BALL SIDE OF THE ZONE TO FORCE THE LONGEST PASS POSSIBLE.

ON SIDE RESPONSIBILITY IS ON THE MIDFIELDER OPPOSITE THE BALL.

OMID'S MATCH FEET AND COME OFF WITH YOUR DEFENDER SO WE CAN GET LSM AND SSDM'S ON.



Defenders lock attackman staying on goal side